

**From:** [LAFP | Louisiana Academy of Family Physicians](#)  
**To:** [LAFP; Ragan LeBlanc](#)  
**Subject:** New Submission #830: 2026 Faculty CME Proposal Application  
**Date:** Monday, December 15, 2025 1:45:56 PM

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**First Name::** Nora  
**Last Name::** Lamartine  
**Designations (MD, DO, MPH, etc)::** MD  
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**Tax ID # or Social Security #::** 6844  
**Date of Birth::** 08022/1988  
**Are you a member of the LAFP/AAFP?:** Yes  
**AAFP ID#::** 9111703

**Will you have co-faculty?:** No

**If yes, please indicate names and designation. (MD, DO, PhD, PharmD, etc):**

**Preferred Date and Time: (select all dates and times available):** July 23, 2026 - 8:00 am - 9:00 am, July 23, 2026 - 9:00 am - 10:00 am, July 23, 2026 - 10:30 am - 11:30 am, July 23, 2026 - 12:15 pm - 1:15 pm, July 23, 2026 - 1:15 pm - 2:15 pm, July 23, 2026 - 2:30 pm - 3:30 pm, July 23, 2026 - 3:30 pm - 4:30 pm, July 24, 2026 - 9:00 am - 10:00 am, July 24, 2026 - 10:45 am - 11:45 am, July 24, 2026 - 11:45 am - 12:45 pm, July 25, 2026 - 8:00 am - 9:00 am, July 25, 2026 - 9:00 am - 10:00 am, July 25, 2026 - 10:45 am - 11:45 am, July 25, 2026 - 11:45 am - 12:45 pm, July 25, 2026 - 1:00 pm - 2:00 pm, July 25, 2026 - 2:00 pm - 3:00 pm, July 25, 2026 - 3:00 pm - 4:00 pm, July 26, 2026 - 9:00 am - 10:00 am, July 26, 2026 - 10:00 am - 11:00 am, July 26, 2026 - 11:00 am - 12:00 pm

**Provide a title for your proposal that is no more than 80 characters including spaces.:**

Emerging Modalities for Understanding Cardiovascular Risk

**Describe the problem, or gap in practice or knowledge you are addressing; and what the learner can expect to take away from this education.:** Recently, lipoprotein(a), high-sensitivity C-reactive protein, and coronary artery calcium scoring have become more readily available to family physicians. While these investigations are easy to order, there remains a significant gap in practice regarding how to interpret the results and apply them meaningfully to an individual patient's cardiovascular risk assessment and management. This session will provide learners with a practical framework for understanding these emerging risk markers, integrating them into existing cardiovascular risk stratification models, and using the results to guide patient-centred clinical decision-making.

**Provide a description regarding how this education has a direct bearing on patient care, or how it supports the physician's role in patient care, or how it has a direct bearing on a physician's ability to deliver patient care.:** This education will provide physicians with the knowledge and opportunity to practice applying cardiovascular risk measures through case-based scenarios, enabling appropriate ordering and interpretation of these tests in clinical practice. When used alongside established cardiovascular risk calculators, these measures can support earlier initiation of pharmacologic therapy where indicated, as well as targeted

emphasis on lifestyle interventions. This primary prevention strategy can be directly applied to supporting more effective and individualized cardiovascular risk reduction.

**Select all that apply.:** Screening, Initial Diagnosis, Treatment/Management, Patient Education

**Objective 1:** Appropriately order lipoprotein(a), high-sensitivity C-reactive protein, and coronary artery calcium scoring for patients to compliment cardiovascular risk calculations.

**Objective 2:** Interpret results from these investigations to refine and guide individual patient preventative management decisions.

**Objective 3:** Implement personalized cardiovascular risk reduction plans that include lifestyle modification with or without pharmacotherapy.

**Objective 4:**

**Objective 5:**

**Practice Change 1:** Routinely measure lipoprotein A at least once in adulthood.

**Practice Change 2:** Order high sensitivity-CRP in patients with intermediate cardiovascular risk to make clinical decisions around statin therapy.

**Practice Change 3:** Use coronary artery calcium scoring to make individualized recommendations about pharmacotherapy.

**Please select all that apply with respect to your proposal.:** Medical knowledge

**Does your proposal include osteopathic medicine principles?:** No

**Please select format.:** Didactic Presentation - 60 min

**If you marked other, please provide details.:**

**Maximum audience size.:** unlimited, this will involve an interactive component with case-based scenarios

**Do you have prior teaching experience? :** Yes

**If you marked yes, please provide details. Please list one to three previous presentations that are relevant to this topic. Include dates, events, type and size of the audience, and evaluation score (converted to a 0-5 scale where 0 is low and 5 is high).:** None on this topic. Previous presentations at: "Meeting Rural Primary Care Needs with an FQHC-led Community Partnership Program" Nora Lamartine, Tanya Reyes, Esther Tipton Presented at ACGME national conference March 2024. "Grantee Spotlight: Medicos de El Centro Being an RRPD Funding Grantee Research, Responsibility, and Reward" Nora Lamartine, Esther Tipton, Asthen Duncan. Presented on April 8 2025 RRPD HRSA Webinar. I don't have access to historical evaluations scores from these CME events.

**Do you require an honorarium?:** No

**If you marked yes, what is the requested amount?:**

**Do you require reimbursement for travel expenses?:** Yes

**If you marked yes, please indicate what is requested: (please note that LAFP's Travel Policy will apply):** Waived Registration Fee, Hotel accommodations

**CME Disclosure Form:**

[ba9103ae3c2d178a\\_2026-cme-disclosure-form-LAMARTINE.pdf](#)

**Bio: Document should contain 1,200 characters or less. :**

[2101a2b47a69368e\\_BIO\\_1200\\_characters.docx](#)

**CV:**

[8e9c6c86b529aae2\\_Lamartine\\_CV\\_MEd.docx](#)

**Professional Photo: Headshot should be at least 400px wide by 600px tall in jpeg, tiff, or pdf format :**

[e4ac653e9801e371\\_\\_DSC5915\\_2\\_NL\\_small.jpg](#)

**Recording Acknowledgement :** 1

**Content Permission Acknowledgement:** 1

**Please select if there are any uses which you are NOT granting permission.:** N/A

**Author Acknowledgement1:** 1

**Author Acknowledgement2:** 1

**Author Acknowledgement3:** 1

**List authors of materials that may be provided during the presentation. If none, please put N/A in the box.:** N/A

**In the past 24 months (36 months for LAFP authors, journal editors and editorial board members) :** I have NOT had a financial relationship with an ineligible company.

**Disclosure Acknowledgement:** 1

**Please indicate your interest in being considered for additional teaching opportunities.:**

Yes I am interested