

From: [LAFP | Louisiana Academy of Family Physicians](#)
To: [LAFP; Ragan LeBlanc](#)
Subject: New Submission #985: 2026 Faculty CME Proposal Application
Date: Friday, February 27, 2026 5:28:05 PM

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Are you a member of the LAFP/AAFP?: Yes
AAFP ID#::
Will you have co-faculty?: No

If yes, please indicate names and designation. (MD, DO, PhD, PharmD, etc):

Preferred Date and Time: (select all dates and times available): July 23, 2026 - 8:00 am - 9:00 am, July 23, 2026 - 9:00 am - 10:00 am, July 23, 2026 - 10:30 am - 11:30 am, July 23, 2026 - 12:15 pm - 1:15 pm, July 23, 2026 - 1:15 pm - 2:15 pm, July 23, 2026 - 2:30 pm - 3:30 pm, July 23, 2026 - 3:30 pm - 4:30 pm, July 24, 2026 - 8:00 am - 9:00 am, July 24, 2026 - 9:00 am - 10:00 am, July 24, 2026 - 10:45 am - 11:45 am, July 24, 2026 - 11:45 am - 12:45 pm, July 25, 2026 - 8:00 am - 9:00 am, July 25, 2026 - 9:00 am - 10:00 am, July 25, 2026 - 10:45 am - 11:45 am, July 25, 2026 - 11:45 am - 12:45 pm, July 25, 2026 - 1:00 pm - 2:00 pm, July 25, 2026 - 2:00 pm - 3:00 pm, July 25, 2026 - 3:00 pm - 4:00 pm, July 26, 2026 - 9:00 am - 10:00 am, July 26, 2026 - 10:00 am - 11:00 am, July 26, 2026 - 11:00 am - 12:00 pm

Provide a title for your proposal that is no more than 80 characters including spaces.:

Providing preconception care for the non-delivering physician

Describe the problem, or gap in practice or knowledge you are addressing; and what the learner can expect to take away from this education.: All family physicians are practicing maternity care in people of conception age. Common conditions in our patient populations, such as diabetes, PCOS, and hypertension have complex interplay with fertility in both male and female patients. This session will go beyond starting a prenatal vitamin with a focus on individualized patient treatments in diabetes, hypertension, substance use and PCOS that align with the patient's conception goals.

Provide a description regarding how this education has a direct bearing on patient care, or how it supports the physician's role in patient care, or how it has a direct bearing on a physician's ability to deliver patient care.: This education will support physicians who care for patients who may become parents by prompting consideration around conception planning. Physicians will learn which medications to consider carefully in patients who may become pregnant. This information can then be applied to shared decision making with patients regarding treatment plans and goals. They will explore ways to increase fertility in male and female patients.

Select all that apply.: Treatment/Management, Patient Education

Objective 1: Review medications for chronic conditions with a focus on possible contraindication in pregnancy.

Objective 2: Individualize counseling to help patients identify and achieve preconception health goals.

Objective 3: Optimize male fertility.

Objective 4: Teach patients about the female cycle and ovulation.

Objective 5:

Practice Change 1: Partner with patients when choosing medications so that conception goals are aligned with treatment.

Practice Change 2: Explore conception planning with all genders.

Practice Change 3: Work with patients to increase fertility when they desire pregnancy.

Please select all that apply with respect to your proposal.: Medical knowledge, Patient Care, Systems-based practice

Does your proposal include osteopathic medicine principles?: No

Please select format.: Didactic Presentation - 60 min

If you marked other, please provide details.:

Maximum audience size.: unlimited

Do you have prior teaching experience? : Yes

If you marked yes, please provide details. Please list one to three previous presentations that are relevant to this topic. Include dates, events, type and size of the audience, and evaluation score (converted to a 0-5 scale where 0 is low and 5 is high).:

Do you require an honorarium?: Yes

If you marked yes, what is the requested amount?:

Do you require reimbursement for travel expenses?: Yes

If you marked yes, please indicate what is requested: (please note that LAFP's Travel Policy will apply): Waived Registration Fee, Hotel accommodations

CME Disclosure Form:

[66758c1aa8201461_2026-cme-disclosure-form-LAMARTINE.pdf](#)

Bio: Document should contain 1,200 characters or less. :

[c8a04b3c5e693fa7_BIO_1200_.docx](#)

CV:

[bb0fef3ed8c084f3_Lamartine_CV_Live.docx](#)

Professional Photo: Headshot should be at least 400px wide by 600px tall in jpeg, tiff, or pdf format :

[c3e8f2da799f04d4_DSC5915_2_NL.jpg](#)

Recording Acknowledgement : 1

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Please select if there are any uses which you are NOT granting permission.: N/A

Author Acknowledgement1: 1

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List authors of materials that may be provided during the presentation. If none, please put N/A in the box.: N/A

In the past 24 months (36 months for LAFP authors, journal editors and editorial board members) : I have NOT had a financial relationship with an ineligible company.

Disclosure Acknowledgement: 1

Please indicate your interest in being considered for additional teaching opportunities.:

Yes I am interested